



SESSION ONE | SOMETHING HAPPENED

INTRODUCTION

Everything that exists had a starting point . . . including you. You may have started on purpose. You may have started by accident (from your parent’s perspective). You may even have started through the magic of medical science. Whatever the circumstances, you had a starting point and it began before you were aware of it.

Physical life is one of many starting points. Your formal education had a starting point. Your career had a starting point. Your romantic life had a starting point. Your experience as a parent had a starting point.

Faith has a starting point as well.

VIDEO SUMMARY

- **Faith has a starting point.**
- **The starting point for the Christian faith is a question: Who is Jesus?**
- **The Christian faith isn’t about what Jesus said before he died. It’s about what happened after he died—he rose from the dead.**

DISCUSSION QUESTIONS

1. What did faith look like for you growing up?
2. How has your view of God changed during different periods of your life?
3. What ideas or words come to mind when you think about the Bible?
4. What one thing do you most associate with Jesus?
5. Talk about a story, person, or experience that has influenced the way you look at God.
6. How would you currently describe your perspective on faith?

MOVING FORWARD

God did something outrageous in this outrageous world he created. He wants you to know about it because it has personal implications for you. The starting point for adult faith is not a Bible Story. It’s not even the Bible. It’s a question: “Who is this Jesus?”

The starting point for adult faith is a person. Jesus came to remove the mystery, to make what was previously unknown, known. Jesus came to bring light to a dark world.